



## DEPARTMENT OF SOCIAL WORK

# ANNUAL REPORT

The Department of Social Work at Safi Institute of Advanced Study (Autonomous) is a newly established department, founded in 2024. Despite its recent inception, the department has made significant strides in providing quality education and fostering a culture of social responsibility. Currently, the department is running with its first batch of 15 students, guided by a team of two dedicated teachers who bring with them a wealth of experience and expertise in the field of social work.

Since its establishment, the Department of Social Work has been actively engaged in various academic and social commitment activities. The department has observed several significant days, such as World Social Work Day, International Women's Day, and World Health Day, through organizing seminars, workshops, and awareness programs. Additionally, the department has conducted field visits, community outreach programs, and research studies, providing students with hands-on experience and exposure to real-world social work practices. Through these initiatives, the department aims to equip students with the knowledge, skills, and values necessary to become effective social work professionals.

### **List of Activities / Programs / Events**

1. Conducted inaugural Ceremony of social work association & Naturel Conservation Day observation on 26/07/2024
2. Remembering Hiroshima & Nagasaki Bombings - Day Observation on 09/08/2024 by Mejora Social Work Association
3. Conducted A training program on Suicide Prevention "Changing the Narrative on Suicide" on 09/09/2024
4. Conducted 12 Observation Visit (September - October) for First Year MSW Students in different government and non-government social institutions.
5. Observed World Mental Health Day on 10/10/2024 "Listen, Laugh, Learn with Strangers" at PMSAPT HSS–World Mental Health Day – 10/10/2024
6. Organised YADEIN - Rural Camp - October 14 – 20
7. Conducted An academic session about social workers for sustainability - Dr Jawhar - 15/10/2024
8. Conducted an academic session about Social Fencing Initiative - Mohammed Yasir - 16/10/2024
9. Conducted Tribal Food Fest - Delampady Panchayat - 17/10/2024
10. Organised an academic session about Awareness Beyond Borders - Dr Hassan Shihab - 17/10/2024
11. Conducted MSW First Year Students Filed Work – Vazhayur Grama Panchayat

12. Conducted special Film Screening - "The Miracle Worker" in observance of the International Day of Persons with disabilities - 04/12/2024
13. Commemorated Dr B R Ambedkar on his death anniversary on 06/12/2024 by Mejora Social Work Association
14. Conducted Art workshop for deaf students - Human Rights Day - 10/12/2024 - Karunya bhavan higher secondary school for the deaf, Areacode
15. One world, Many Stories (Migrants and Minorities Together) - Day Observation of International Migrants and Minorities Days - 13/12/2024 by Mejora Social Work Association
16. Conducted a Training on Physical Health was conducted on January 3, 2025, in observance of International Mind-Body Wellness Day
17. Organised - Participatory Rural Appraisal Camp -LAYAK at Trivandrum on January 12 – 15
18. Conducted Exposure Visit in Kerala Niyamasabha - 15/1/2025

### **1. Inaugural Ceremony of social work association & Naturel Conservation Day observation on 26/07/2024**

- Inauguration of Social Work Association: The Social Work Association of Safi Institute of Advanced Study (Autonomous) was officially inaugurated on July 26, 2024.
- Nature Conservation Day Observation: The inaugural ceremony coincided with the observation of Nature Conservation Day, highlighting the importance of environmental sustainability and social responsibility.
- Chief Guest: Prof. EP Imbichikoya was the chief guest and inaugurated the association, emphasizing the need for social workers to prioritize environmental conservation.
- Name Announcement: The Social Work Association was officially named "Mejora", symbolizing the commitment to social responsibility and community development.
- Appreciation for Cleaning Staff: During the ceremony, Prof. Imbichikoya and the association members took a moment to appreciate and admire the hard work and dedication of the cleaning staff of Safi College.

### **2. Remembering Hiroshima & Nagasaki Bombings - Day Observation on 09/08/2024 by Mejora Social Work Association**

- **Hiroshima Day Observation** was held on **August 9, 2024**, organized by the **Social Work Department of Safi Institute of Advanced Study (Autonomous)** to commemorate the victims of the atomic bombing and promote peace.
- The event was **inaugurated by Col. Nisar Ahmed Seethi**, who highlighted the significance of nuclear disarmament and global harmony.
- Various **awareness programs, discussions, and presentations** were conducted to educate students and attendees about the impact of nuclear warfare.
- A **peace pledge and candlelight tribute** were held in remembrance of the lives lost in Hiroshima and Nagasaki.

### 3. “Changing the Narrative On Suicide”, A training program on Suicide Prevention - 09/09/2024

- Suicide Prevention Day Observation was held on September 9, 2024, to raise awareness about mental health and suicide prevention.
- The event was inaugurated by **Prof. EP Imbichikoya**, who emphasized the importance of community support in mental well-being.
- **Dr. Abdul Gafoor**, Founder & Director of Listening Community, was the chief guest, sharing insights on the power of active listening in suicide prevention.
- A **mental health awareness campaign** was launched to break the stigma surrounding suicide and encourage open conversations. Salwa M, First Year MSW Student conduct a session about Importance of Mental Health

### 4. Observation Visit (September - October)

- The Observation Visit (September - October) was organized by the Social Work Department of Safi Institute of Advanced Study (Autonomous) for first-year MSW students to provide practical exposure to various social work settings.
- The visit covered 12 different settings, including Child Care, Medical and Psychiatry, Community Development, Old Age Care, and more, offering students hands-on learning experiences.

### 5. “Listen, Laugh, Learn with Strangers” – World Mental Health Day Observation – 10/10/2024

- “Listen, Laugh, Learn with Strangers” was organized on **World Mental Health Day (October 10, 2024)** at **PMSA PTHSS Kakkov**, focusing on students’ mental well-being through interactive and fun-filled activities.
- The program was **inaugurated by the school principal, Mr. Yoonus**, who emphasized the importance of mental health awareness among children and the role of open communication.
- **First-year MSW students** conducted various engaging sessions, including **storytelling, stress-relief games, and interactive discussions**, to create a positive and supportive environment for school children.
- Special activities were designed to **promote active listening, encourage laughter therapy, and enhance emotional resilience**, helping students express their thoughts and feelings freely.

### 6. YADEIN - Rural Camp - October 14 – 20

- The Rural Camp at Delampady Grama Panchayath was conducted with the support of Akkara Foundation, aiming to provide students with practical exposure to tribal communities and rural development initiatives.
- The camp focused on understanding the socio-economic conditions, cultural practices, and challenges faced by the tribal population in Delampady Grama Panchayath.

- Various community engagement activities, including household surveys, awareness sessions, and interactive discussions with tribal leaders, were conducted to gain deeper insights into their way of life.
- Special programs on health, education, and livelihood development were organized, highlighting the need for sustainable solutions to uplift the tribal community.
- Students actively participated in environmental initiatives, sanitation drives, and skill development workshops, contributing to the well-being of the local population.

#### **7. An academic session about social workers for sustainability - Dr Jawhar - 15/10/2024**

- An academic session on "Social Workers for Sustainability" was conducted by Dr. Jawhar on October 15, 2024, at Parappa Forest Conservation Centre for first-year MSW students.
- Dr. Jawhar emphasized the role of social workers in environmental sustainability, highlighting the intersection of social justice, community development, and ecological conservation.
- The session included interactive discussions on sustainable practices, community-led conservation efforts, and policy advocacy, encouraging students to integrate sustainability into their social work practice.

#### **8. An academic session about Social Fencing Initiative - Mohammed Yasir - 16/10/2024**

- An academic session on "Social Fencing Initiative" was conducted by Mohammed Yasir on October 16, 2024, at Parappa Forest Conservation Centre, focusing on community-driven conservation efforts.
- Mohammed Yasir explained the concept of social fencing, where local communities act as protectors of forest resources, ensuring sustainable environmental practices.
- The session highlighted case studies and success stories of social fencing, demonstrating its impact on biodiversity conservation and human-wildlife coexistence.

#### **9. Tribal Food Fest - Delampady Panchayat - 17/10/2024**

- The Tribal Food Fest was held on October 17, 2024, at Delampady Panchayat Hall, celebrating the rich culinary heritage of indigenous communities.
- A total of 10 participants showcased a variety of traditional tribal dishes, highlighting their unique flavors, ingredients, and cooking methods.
- The event aimed to \*\*promote awareness about tribal food culture

#### **10. An academic session about Awareness Beyond Borders - Dr Hassan Shihab - 17/10/2024**

- An academic session on "Awareness Beyond Borders" was conducted by Dr. Hassan Shihab on October 17, 2024, focusing on global perspectives in social work and humanitarian efforts.

- Dr. Shihab emphasized the importance of cross-cultural awareness, international collaboration, and policy advocacy in addressing global social issues.
- The session encouraged students to think beyond geographical boundaries, highlighting case studies and real-world examples of social work initiatives impacting marginalized communities worldwide.

#### **11. MSW First Year Students Filed Work – Vazhayur Grama Panchayat**

- The first-year MSW students conducted their fieldwork in Vazhayur Grama Panchayath, gaining hands-on experience in local governance and community development.
- Students familiarized themselves with panchayath functioning, administrative processes, and the roles of various agencies involved in rural development.
- They interacted with local officials, community leaders, and social service organizations, understanding their collaborative efforts in public welfare programs.
- As part of their field study, students conducted a detailed study on Haritha Karma Sena members, analysing their contributions to waste management, environmental conservation, and sustainable development in the panchayat.

#### **12. Special Film Screening - "The Miracle Worker" In observance of the International Day of Persons with disabilities - 04/12/2024**

- A special film screening of "The Miracle Worker" was organized on December 4, 2024, in observance of the International Day of Persons with Disabilities, in collaboration with the MCJ Department.
- The screening aimed to raise awareness about disability rights, inclusion, and the power of perseverance, highlighting the inspiring story of Helen Keller and her teacher, Anne Sullivan.
- The event concluded with an interactive discussion, where participants reflected on the film's message and explored ways to promote accessibility and support for persons with disabilities in society.

#### **13. Commemorating Dr B R Ambedkar on his death anniversary on 06/12/2024 by Mejora Social Work Association**

- A commemorative event honoring Dr. B. R. Ambedkar was held on December 6, 2024, to reflect on his contributions to social justice, equality, and the Indian Constitution.
- The event featured a keynote address by Jamsheel Aboobacker, HOD of the MCJ Department, who emphasized Ambedkar's vision for an inclusive and progressive society.
- Participants engaged in discussions on Ambedkar's legacy, focusing on his role in uplifting marginalized communities and the relevance of his ideas in contemporary times.

**14. Art workshop for deaf students - Human Rights Day - 10/12/2024 - Karunya bhavan higher secondary school for the deaf, Areacode**

- An Art Workshop for Deaf Students was conducted on December 10, 2024, at Karunya Bhavan Higher Secondary School for the Deaf, Areacode, in observance of Human Rights Day.
- The workshop aimed to empower deaf students through creative expression, providing them with a platform to communicate their thoughts and emotions through art.
- Trained artists and facilitators guided students in various artistic techniques, encouraging them to explore themes related to human rights, inclusion, and self-identity.
- The event concluded with an art exhibition, showcasing the students' work and reinforcing the importance of accessibility, equal opportunities, and artistic expression for all.

**15. One world, Many Stories (Migrants and Minorities Together) - Day Observation of International Migrants and Minorities Days - 13/12/2024 by Mejora Social Work Association**

- "One World, Many Stories" was organized on December 13, 2024, by Mejora Social Work Association to observe International Migrants Day and Minorities Day, highlighting the experiences and contributions of migrant and minority communities.
- The event was inaugurated by Mr. Muhammed Kamil, Vice Principal of the college, who emphasized the importance of inclusivity, cultural diversity, and social justice.

**16. Pulse" – A Training on Physical Health was conducted on January 3, 2025, in observance of International Mind-Body Wellness Day**

- "Pulse" – A Training on Physical Health was conducted on January 3, 2025, in observance of International Mind-Body Wellness Day, focusing on the connection between physical health and overall well-being.
- The session was led by Dr. Arya, Medical Officer (Naturopathy), who highlighted the importance of natural healing, lifestyle modifications, and holistic wellness practices.
- Participants engaged in interactive sessions on fitness, nutrition, stress management, and self-care techniques, promoting a balanced and healthy lifestyle.
- The program concluded with a practical demonstration of naturopathy-based exercises and relaxation techniques, encouraging participants to incorporate them into their daily routines for improved well-being.

**17. LAYAK - Participatory Rural Appraisal Camp - Trivandrum - January 12 – 15**

- "LAYAK - Participatory Rural Appraisal (PRA) Camp" was conducted from January 12 to 15, 2025, in a coastal community in Trivandrum, aiming to assess local needs and development challenges.
- The camp focused on understanding the socio-economic conditions, livelihood patterns, and environmental concerns of the coastal population through participatory methods.
- Various PRA techniques, including resource mapping, seasonal calendars, and problem-ranking exercises, were employed to engage the community in identifying their key issues and potential solutions.
- The camp provided valuable field exposure for participants, strengthening their skills in community-based research, participatory planning, and grassroots social work interventions.

#### **18. Exposure Visit in Kerala Niyamasabha - 15/1/2025**

- First-year MSW students participated in an exposure visit to the Kerala Niyamasabha (Legislative Assembly) on January 15, 2025, to gain insights into the functioning of the state's legislative processes.
- Students observed assembly proceedings, policy discussions, and law-making procedures, enhancing their understanding of governance, social policies, and public administration.
- The visit provided a practical learning experience, helping students connect social work practice with policy advocacy and the role of legislation in addressing social issues.